

K-8 October Breakfast Menu St. Pascal Regional Catholic School NAME _____ Grade _____

Menu is due: **Monday, September 16** [Check here if you want to OPT out of the breakfast](#)

	Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024
	Glazed Honey Breakfast Bun 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Eggo Froot Loop Waffle 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Lemon Poppysseed Breakfast Bread 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	NO SCHOOL
Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024
Cinnamon Toast Crunch Big Cereal Bowl (Low Sugar) 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Banana Chocolate Chip Oatmeal Round 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Orange Dream Muffin 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Mini Cinnis 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Chocolate Cake Donut 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Monday, October 14, 2024	Tuesday, October 15, 2024	#####	Thursday, October 17, 2024	Friday, October 18, 2024
Maple Snack'n Waffle 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Assorted Big Cereal Bowl 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday, October 21, 2024	Tuesday, October 22, 2024	#####	Thursday, October 24, 2024	Friday, October 25, 2024
Cinnamon Chex Big Cereal Bowl 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Chocolate Swirl 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	French Toast Breakfast Bread 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Cake Glazed Donut 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	WG Large Muffin 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Monday, October 28, 2024	Tuesday, October 29, 2024	#####	Thursday, October 31, 2024	
WG Brekkie 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Honey Cheerios Big Cereal Bowl 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Banana Loaf 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	Choco Crisp Belgian Waffle 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	